

Brandywine Chiropractic Care

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SOAP Note

PATIENT: Daniel Jones

SEX: Male

DATE OF INJURY: 08/25/2008

DATE OF VISIT: 08/26/2008

SUBJECTIVE COMPLAINTS:

COMPLAINT1: Constant left-sided lower cervical pain and spasm. Severity level 8/10 with 10 being the most severe. This complaint is aggravated by twisting and improved with rest and medication.

COMPLAINT2: Frequent bilateral lower lumbar pain and spasm. Severity level 6/10 with 10 being the most severe. This complaint is aggravated by bending, twisting, lifting and coughing and improved with medication and stretching.

INSPECTION:

POSTURE: Abnormal; Left Head Tilt; Elevated Right Shoulder; Elevated Right Ilium

GAIT: Antalgic; Left Limp

Comments: Contusions are noted on the anterior aspect of the left forearm. Patient states his left forearm struck the driver's side door at impact.

PALPATION:

	U-CSP	L-CSP	U-TSP	M-TSP	L-TSP	U-LSP	L-LSP	SAC	CX	PLV	EXT
Abnormal Motion	√							√			
Muscle Tension	5	4	2	2	3	5	5	2	1	1	0
Muscle Spasm	√	√					√	√			
Trigger Points		√					√				
Edema											

*Muscle tension is graded on a scale of 1-5, with 5 being the most severe.

Additional palpatory exam notes can appear here.

CHIROPRACTIC

METHOD OF ANALYSIS: DEREFIELD

SUBLUXATIONS: 1. C7 (BL) 2. L5 (BR)

LEG LENGTH DISCREPANCY: - $\frac{3}{4}$ " Left leg

ASSESSMENT:

PROGNOSIS: The patient's current prognosis is fair. The care he is receiving is reasonable and necessary.

DIAGNOSIS:

1. 839.07 Subluxation of C7
2. 847.0 Cervical Sprain / Strain
3. 839.20 Subluxation of Lumbar Vertebrae
4. 846.0 Lumbosacral Sprain/Strain

CURRENT PLAN:

RECOMMENDED TREATMENTS: Chiropractic Care, Modalities and Therapeutic Activities three times weekly for one month, then re-evaluate.

ADDITIONAL RECOMMENDATIONS: Lumbar Support; TENS Unit

TODAY'S TREATMENT

CHIROPRACTIC ADJUSTMENTS

1. SEGMENT: C7

2. LISTING: BL

3. TECHNIQUE: DEREFIELD

1. SEGMENT: L5

2. LISTING: BR

3. TECHNIQUE: DEREFIELD

PROCEDURES:

CMT 1-2 Regions: 98940; EMS: 97014; Hot/Cold Pack: 97010; Ultrasound: 97035;

If you have any further questions relating the care of this patient, I encourage you to contact my office at your earliest convenience.

Respectfully Submitted,

Jeff Goldman

Dr. Jeff Goldman, D.C.